

ANATOMICAL AND PRACTICAL APPROACH TO INJECTIONS IN AESTHETIC MEDICINE

ISTYA ANATOMY BOOTCAMP SCHEDULE 

07 – 08 February 2026

DÜSSELDORF GERMANY



18 POINTS

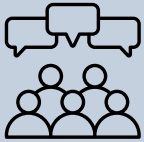
INTERNATIONAL SPEAKER
DR. AMAL ABID TOUZANI

INTERNATIONAL EVENT ORGANIZATION
ISTYA AESTHETIC & ME2SH INTERNATIONAL

ISTYA
AESTHETIC



ISTYA AESTHETIC BOOTCAMP GERMANY - INFORMATIONS -



**Participants: Futur and
Injector Physicians**



**Speaker
Dr. Amal Abid
Plastic & Aesthetic Surgeon**



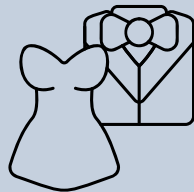
**DÜSSELDORF, GERMANY -
LIVING HOTEL DÜSSELDORF**



LANGUAGE: ENGLISH



**CME
ACCREDITED TRAINING PROGRAM**



DRESS CODE: BLACK & WHITE



Day 1 – Saturday, 07 February 2026

PRACTICAL GUIDE TO FULL-FACE BOTULINUM TOXIN INJECTION

- 08:00 – 08:30 Participant Registration – Coffee Corner**
- 08:30 – 08:45** Welcome Speech – Nawel Dghim & ISTYA Team
- 08:45 – 10:45** Functional anatomy of the face, indications and strategic injection points for toxins
- 10:45 – 11:15** Pharmacology – Mechanism of action of *Botulinum toxin*
- 11:15 – 12:00** Risks and management of complications
- 12:00 – 13:00** Case Studies and Expert Discussions
- 13:00 – 14:00 Lunch Break**
- 14:00 – 15:00** Workshop: Facial analysis
- 15:00 – 17:00** Workshop: Toxin injection simulations
- 17:00 – 18:00 Q&A – End of the day**



Day 2 – Sunday, 08 February 2026

**PRACTICAL GUIDE TO FULL-FACE HYALURONIC
ACID INJECTION**

08:00 – 08:30 Welcome & daily briefing

08:30 – 10:00 Functional anatomy of the face applied to injectable
Hyaluronic Acid, strategic points and aging process

10:00 – 10:30 Product selection and rheology

10:30 – 11:00 Risks and management of complications

11:00 – 12:00 Case Studies and Expert Discussions

12:00 – 13:00 Lunch Break

13:00 – 14:00 Workshop: Facial analysis and ultrasound

14:00 – 15:30 Workshop: Filler injection simulations

15:30 – 16:30 Certificate ceremony and testimonials



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FOR RESERVATIONS, PLEASE CONTACT:

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Nawel

Malek

ISTYA TEAM IS WAITING FOR YOU