ANATOMICAL AND PRACTICAL APPROACH TO INJECTIONS IN AESTHETIC MEDICINE

ISTYA ANATOMY BOOTCAMP SCHEDULE



07 – 08 February 2026

DÜSSELDORF GERMANY

INTERNATIONAL SPEAKER

DR. AMAL ABID TOUZANI

INTERNATIONAL EVENT ORGANIZATION

ISTYA AESTHETIC & ME2SH INTERNATIONAL









ISTYA AESTHETIC BOOTCAMP GERMANY - INFORMATIONS -



Participants: Futur and Injector Physicians



Speaker
Dr. Amal Abid
Plastic & Aesthetic Surgeon



DÜSSELDORF, GERMANY -LIVING HOTEL DÜSSELDORF



LANGUAGE: ENGLISH



CME
ACCREDITED TRAINING PROGRAM



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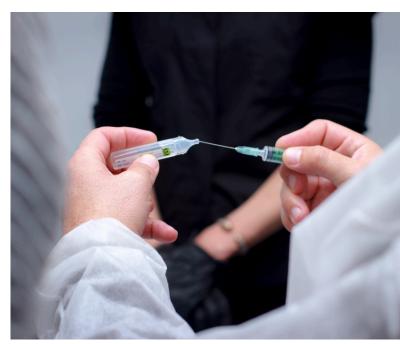


Day 1 – Saturday, 07 February 2026

PRACTICAL GUIDE TO FULL-FACE BOTULINUM TOXIN INIECTION

- 08:00 08:30 Participant Registration Coffee Corner
- 08:30 08:45 Welcome Speech Nawel Dghim & ISTYA Team
- **08:45 10:45** Functional anatomy of the face, indications and strategic injection points for toxins
- 10:45 11:15 Pharmacology Mechanism of action of Botulinum toxin
- 11:15 12:00 Risks and management of complications
- 12:00 13:00 Case Studies and Expert Discussions
- 13:00 14:00 Lunch Break
- **14:00 15:00** Workshop: Facial analysis
- 15:00 17:00 Workshop: Toxin injection simulations
- 17:00 18:00 Q&A End of the day







Day 2 – Sunday, 08 February 2026

PRACTICAL GUIDE TO FULL-FACE HYALURONIC ACID INJECTION

- 08:00 08:30 Welcome & daily briefing
- **08:30 10:00** Functional anatomy of the face applied to injectable *Hyaluronic Acid*, strategic points and aging process
- 10:00 10:30 Product selection and rheology
- 10:00 11:00 Risks and management of complications
- 11:00 12:00 Case Studies and Expert Discussions
- 12:00 13:00 Lunch Break
- 13:00 14:00 Workshop: Facial analysis and ultrasound
- **14:00 15:30** Workshop: Filler injection simulations
- 15:30 16:30 Certificate ceremony and testimonials















FOR RESERVATIONS, PLEASE CONTACT:

- +216 95 74 75 74
- +216 98 74 56 08
- +31 (0)6 211 985 56
- ₩WW.ISTYAAESTHETIC.COM
- ₩WW.ME2SH.COM
- in ISTYA AESTHETIC
- in ME2SH INTERNATIONAL
- STYA_AESTHETIC_TUNISIE



