

ANATOMICAL AND PRACTICAL APPROACH TO INJECTIONS IN AESTHETIC MEDICINE™

ISTYA ANATOMY BOOTCAMP PRPGRAM 🇩🇪

FEBRUARY 7- 8, 2026

DÜSSELDORF, GERMANY
LIVING HOTEL DÜSSELDORF

TRAINER:

DR. AMAL ABID TOUZANI

TRAINING INSTITUTIONS:

ISTYA AESTHETIC & ME2SH INTERNATIONAL

**CME-ACCREDITED TRAINING PROGRAM
EXCLUSIVELY FOR DOCTORS



18 POINTS

ANATOMICAL AND PRACTICAL APPROACH TO INJECTIONS IN AESTHETIC MEDICINE

GOALS:

- Incorporate a comprehensive anatomical framework into the administration of injections in aesthetic medicine.
- Understand safety protocols, personalized injection of botulinum toxin and hyaluronic acid.
- Cultivate morpho-anatomical expertise of the face to achieve harmonious, balanced, and natural treatment.
- Practice injection techniques on high-fidelity simulators before performing any procedures on patients.
- Integrate protocols for the prevention, diagnostic, and management of complications.

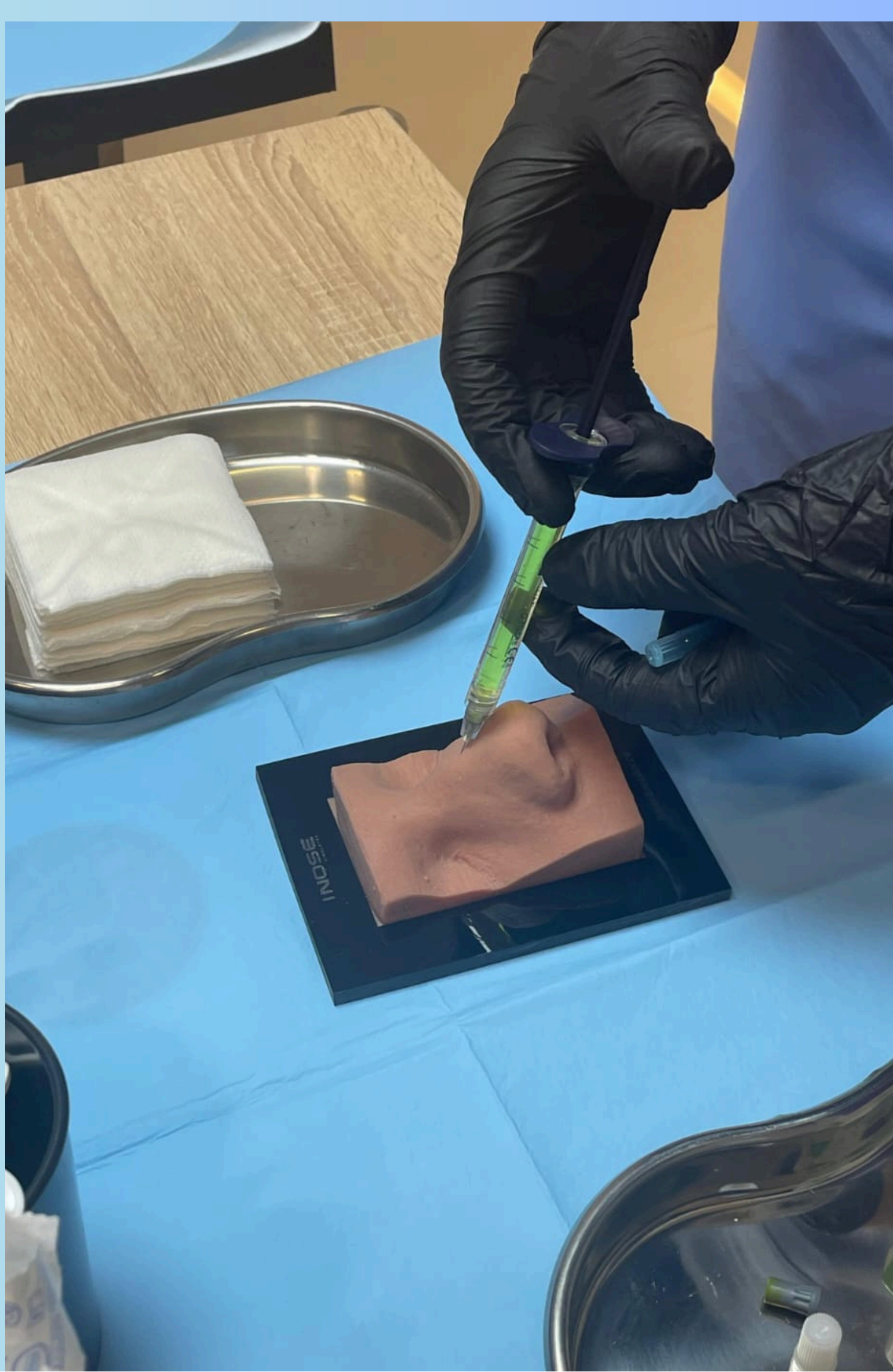
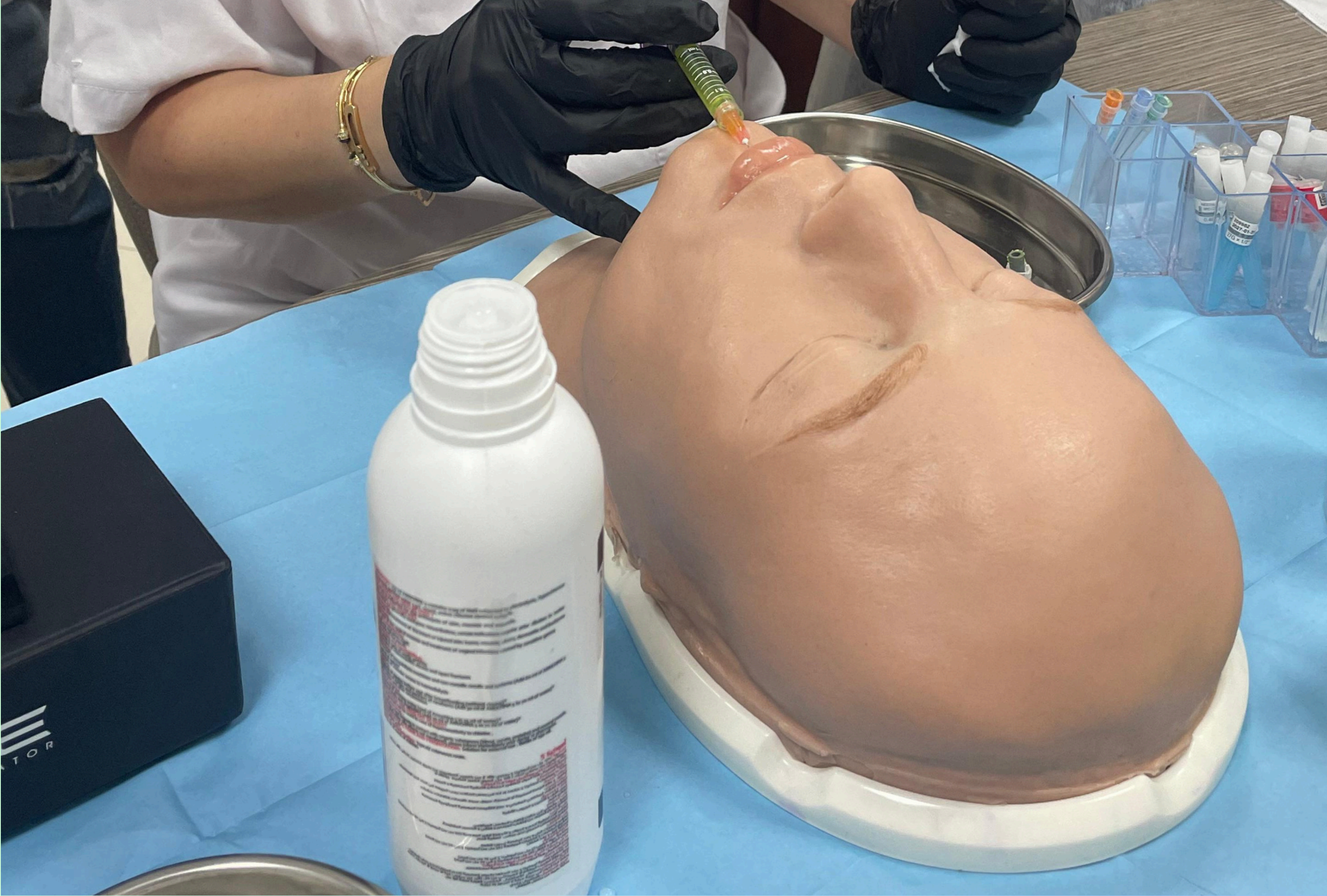
ELIGIBILITY:

Training designated for:

- Qualified medical professionals (dermatologists, plastic surgeons, ophthalmologists, young aesthetic doctor, dentists surgeons) seeking to enhance their proficiency in injectable techniques.
- Residents or interns pursuing a Master's degree in aesthetic medicine in Eu or either.
- Practitioners embarking on a career in aesthetic medicine to establish and professionalize their practice.

SIMULATORS:

- iFace S1: a 3D anatomical simulator that accurately replicates the characteristics of the skin, subcutaneous tissues, and facial muscle structures.
- iLips: a specialized lip silicone simulator that precisely replicates the elasticity and tissue density of the lips.
- iNose: an innovative silicone simulator designed for the practice of medical and non surgical rhinoplasty.





PROGRAM:

BOTULINUM TOXIN INJECTION TECHNIQUES

◆ THEORETICAL GUIDE OF BOTULINIUM TOXIN INJECTION APPROACHES

- Functional Anatomy of the Face
- Indications and strategic considerations for toxin injection
- Identification of risk areas and management of post-procedural complications
- *Botulinum Toxin*: Biological characteristics and mechanism of action of botulinum toxin.

◆ PRACTICAL GUIDE TO BOTULINIUM TOXIN INJECTIONS

- **Product workshop related to the Botulinum Toxin:** Protocols for Dilution, Storage, Dosage and Hygiene.
- **Facial analysis workshop:** Simulations conducted with candidates in a realistic context, practicing dynamic and static analysis, safety protocols, asepsis, and communication (patient interviewing), among other elements.
- **Practical simulations** : facilitated by the expert using simulators, include injection techniques and methodologies, consolidation of treatment plan selection (product choice, rheology, technique, volume, depth), and repetition of injections until mastery of the technique is achieved.

HYALURONIC ACID INJECTION TECHNIQUES

◆ THEORETICAL GUIDE OF HYALURONIC ACID INJECTION APPROACHES

- Functional anatomy of the face concerning HA injections
- Facial aging process (loss of bone density, reduction of fat, and sagging skin).
- Strategic injection sites for hyaluronic acid and a tailored treatment plan (age, skin type, facial assessment)
- Identification of risk areas and management of complications post-injection
- *Hyaluronic Acid: Rheological Properties and Applications*

◆ PRACTICAL GUIDE TO HYALURONIC ACID INJECTIONS

- **Facial Analysis Workshop:** Simulations conducted with candidates in a realistic context, covering dynamic and static analysis, safety protocols, asepsis, communication (interviewing), and patient photography simulations, among other elements.
- **Ultrasound Workshop:** Mapping Facial Vascularization to Identify Areas at risk by our trainer.
- **Workshop – Practical Simulations:** Facilitated by our simulation expert, candidates will practice injection techniques and methodologies, including treatment plan selection (product choice, technique, volume, depth), and will repeat injection maneuvers until achieving mastery of the technique.



ANATOMY INSTITUTE

SCIENTIFIC AND PRACTICAL
CONTENT TAILORED FOR ALL
SESSIONS AND PACKAGES



TRAINER

OUR TRAINERS ARE EXPERT AND
EXPERIENCED INJECTION
SPECIALISTS



CERTIFICATION

CERTIFICATES AWARDED TO
PARTICIPANTS WHO SUCCESSFULLY
COMPLETE THE ASSESSMENTS

***CME-ACCREDITED TRAINING PROGRAM**

GENERAL CONDITIONS – ISTYA ANATOMY SCHOOL GERMANY TRAINING

1. Essential registration procedures

Step 1: Registration → submission of the participation request.

Step 2: One-to-One Interview → An individual interview with Nawel Dghim is essential to evaluate and confirm the application.

Step 3: Validation → formal confirmation of participation by the ISTYA team.

Step 4: Sending the program and terms and conditions → transmission of official documents to the participant.

Step 5: Payment → deposit payment followed by the balance according to the established deadlines.

2. Booking & Verification

The registration is confirmed only upon receipt of 100% of training fee.

Deadline of payment and registration 7th January 2026 after this date any request will be treated as exceptions with the validation of the trainer.

3. Participant Cancellation Policy

Cancellation made more than one month prior to the training date will result in the retention of 80% of the total amount

Cancellations made within 30 days prior to the training will not qualify for a refund.

4. Dedication of Trainers and Experts

ISTYA AESTHETIC is dedicated to engaging trainers and experts to ensure the scientific and educational integrity of each training cycle in Tunisia or on International

5. Distribution of Certificates

Electronic Certificates of participation are granted solely upon validation by the trainer and the ISTYA team.

6. Nonattendance on D-Day

Any absence on the day of training, regardless of the reason, will be regarded as a cancellation without refund.

7. Image Rights and Digitalization

ISTYA retains the right to capture photographs and videos during training bootcamp, which may be utilized on ISTYA's digital media platforms and trainer accounts.

Participants may be filmed providing spontaneous testimonies.

Participants may also choose to record a professional testimony under the supervision of the ISTYA team, should they wish to do so.

ISTYA offers official digital training assistance to each participant to enhance learning and revision.

8. Adherence to specific requests

ISTYA is dedicated to accommodating the specific requests of participants, including digital confidentiality and dietary requirements during training sessions, among others.

9. Confidentiality

Participants commit to maintaining confidentiality concerning the simulation tools, teaching materials, methods, and content utilized during the training.

Information pertaining to session and program pricing is likewise confidential and may not be disclosed to third parties without ISTYA's consent.

10. Payment Options

Bank transfer.

An invoice or payment certificate will be generated for each transaction.

Read and approved.

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Name and Surname:

Signature :



TO RESERVE YOUR SEATS, PLEASE CONTACT:

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